

Should you do a fellowship?



- 1. Are you passionate about a narrower focus?
- 2. Do you know enough about the specialty?
- 3. Does the lifestyle suit you?
- 4. Does it make sense financially?
- 5. Will additional training help you reach your goals?

Ashley Altus, AOA



1. Passion





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2. Knowledge

- Medical Knowledge
- Care Delivery
- Application

JOURNAL OF CLINICAL ONCOLOGY

REVIEW ARTICLE

Adolescent and Young Adult Oncology Training for Health Professionals: A Position Statement

Brandon Hayes-Lattin, Beth Mathews-Bradshaw, and Stuart Siegel



Knowledge: Medicine

- Epidemiology
- Biology and genetics
- AYA treatment regimens
- Physiology/Host biology
- Psychosocial/Neurocognitive development

- Biomedical consequences
- Fertility preservation options
- Secondary prevention
- Knowledge of research
- Bioethical and legal issues



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Knowledge: Care Delivery

- Delays in diagnosis
- Physical impacts
- Practical issues
- Emotional issues
- Substance use/abuse
- Health disparities

- Patient engagement
- Tailored survivorship plan and transitions
- Complementary/Alternative medicines
- Palliative care and end-of-life



Knowledge: Application

- Developing and evaluating models of care
- Age and culturally appropriate communication skills
- Management of multiple disciplines within care team
- Relationships with advocates



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3. Lifestyle

- Accreditation Council for Graduate Medical Education (ACGME)
- Residency
 - General Pediatrics (ABP 3 years)
 - Internal Medicine (ABIM 3 years)
 - Medicine-Pediatrics (ABP/ABIM 4 years)
- Fellowship
 - Pediatric Hematology-Oncology (ABP 3 years, 70 programs)
 - Hematology (ABIM 2 years, 2 programs)
 - Medical Oncology (ABIM 2 years, 7 programs)
 - Dual Hematology and Medical Oncology (ABIM 3 years, 146 programs)



4. Finances

Pediatric

- 2100-2300 active Hem/Onc
- 1.0 clinical FTE
 - 3200 wRVU
 - 15-20 new cancer patients
- Median \$212,000

Adult

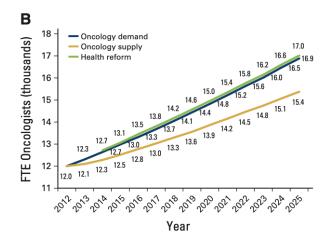
- 10,000-11,000 active Hem/Onc
- 1.0 clinical FTE
 - 5100 wRVU
 - 155 new cancer patients
- Median \$320,000

Hord et al. Pediatr Blood Cancer. 2018;65:e26780. Barr et al. JOP 2016;12:69-77.



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Supply & Demand



Yang et al. JOP 2014



5. Will additional training help you reach your goals?

- ...
- What is the model for that training?



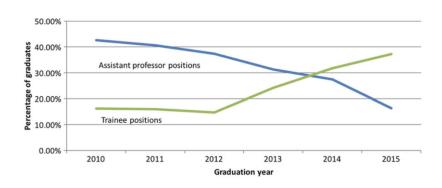
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AYA Oncologist Models





American Society of Pediatric Hematology/Oncology Workforce Assessment



Leavey et al. Pediatr Blood Cancer. 2018;65:e26765



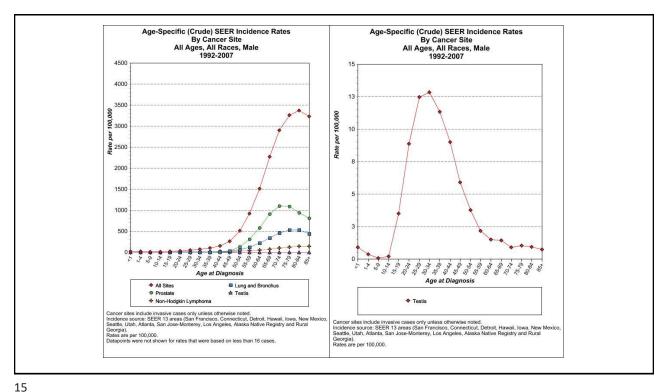
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AYA Oncologist Models











ABP: Pediatric Hematology-Oncology Certification

- General
 - Certification in General Pediatrics
 - Unrestricted medical license
 - Complete an ACGME-accredited training program
 - Complete a scholarly activity
 - · Core curriculum
 - · Scholarly project with work product
 - Pass ABP certifying exam
- Hem-Onc
 - Complete **3 year** ACGME training program



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ABIM: Hematology or Medical Oncology

- General
 - Certification in **Internal Medicine**
 - Unrestricted medical license
 - Complete an ACGME-accredited training program
 - Demonstrate clinical competence, procedural skills, and moral and ethical behavior in the clinical setting
 - Pass ABIM certifying exam
- Hematology **or** Medical Oncology
 - Complete 2 year ACGME training program (including ½ day continuity clinic)
 - Clinical Training: 1 year



ABIM: Dual certification in Hematology **and** Medical Oncology

- Complete 3 year ACGME training program (including ½ day continuity clinic)
 - Clinical Training: 18 months
 - At least 12 months are in the diagnosis and management of a broad spectrum of neoplastic diseases including hematological malignancies
 - Six months are in the diagnosis and management of a broad spectrum of non-neoplastic hematological disorders



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ABP and ABIM Combined Training Programs

- 1 year less than full training in both subspecialties (double counting 1 year of research/scholarly activity under dual supervision)
 - Peds Hem/Onc (3) + Hematology (2) = 4
 - Peds Hem/Onc (3) + Medical Oncology (2) = 4
 - Peds Hem/Onc (3) + Hematology and Medical Oncology (3) = 5
- Same clinical training time requirements (continunity clinics)
 - Peds Hem/Onc (1) + Hematology (1) = 2
 - Peds Hem/Onc (1) + Medical Oncology (1) = 2
 - Peds Hem/Onc (1) + Hematology and Medical Oncology (1.5) = 2.5
- Prospective proposal for training of an individual (not program)



Create a Combined Pediatric & Adult Hem/Onc Fellowship?

- Developed AYA curriculum
- Joint pediatric and adult leadership commitment
- Faculty engagement (fellow will question routine practices)
- Meet ACGME accreditation
- · Secure approvals for individual
 - American Board of Pediatrics (ABP)
 - American Board of Internal Medicine (ABIM)
- Funding
- Integration with existing fellowships (slot, call, continuity clinic, conferences)
- Tailored mentorship plan
- Relevant scholarly activity plan



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Lara Davis, MD: Pre-Fellowship



- 1996-2000 BA: Wellesley College
- 2001-2005 MD: Oregon Health and Science University
- 2005-2009: Harvard Combined Internal Medicine-Pediatrics Residency



Lara Davis, MD: AYA Fellowship

- 2009-2013 OHSU AYA Oncology Fellowship
 - Clinical care and trials: Sarcoma
 - Translational research: Osteosarcoma
 - 2011-2013 Human Investigations Program
 - 2012 AACR/ASCO Molecular Biology in Clinical Oncology Workshop
- Grants
 - Adolescent & Young Adult Subspecialty Fellowship
 - · St. Baldrick's Foundation
 - Osteosarcoma as a Proof-of-Concept Model for Personalized Cancer Therapy
 - Damon Runyon-Sohn Pediatric Cancer Fellowship Award
 - Translating ex vivo osteosarcoma targeted drug sensitivity into improved survival
 - Thrasher Research Fund Early Career Award



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Lara Davis, MD: Post-Fellowship

- 2013-2015 Instructor of Medicine and Pediatrics (OHSU, Dual appointment)
 - 2013 American Board of Internal Medicine: Medical Oncology
 - 2015 American Board of Pediatrics: Pediatric Hematology/Oncology
- 2015-present Assistant Professor of Medicine and Pediatrics (OHSU, Dual appointment)
 - 2016 AACR/ASCO Methods in Clinical Cancer Research Workshop



Lara Davis, MD

- Grants, completed
 - CDK4 inhibition in a molecularly-selected population of sarcomas, NCI / Sarcoma Alliance for Research through Collaboration (SARC)
 - CDK4 inhibition in a molecularly-selected population of pediatric sarcomas, Hyundai Hope on Wheels Pediatric Cancer Research Young Investigator
 - Sarcoma Survivorship, The Hope Foundation for Cancer Research
- Grants, current
 - Cancer Clinical Investigator Team Leadership Award, Cancer Center Support Grant, NCI
 - Defining mechanisms and biomarkers of immunotherapy response and resistance to inform rational clinical trial development in osteosarcoma, St. Baldrick's Foundation Scholar (Career Development) Award
 - 6 other local grants



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Lara Davis, MD

- Clinical Trials
 - 4 Investigator Initiated Trials (PI)
 - 4 Cooperative Group Trials (site PI)
 - SARC024 Osteosarcoma Cohort PI
 - 3 Industry Sponsored Trials (site PI)
- Publications
 - 19 peer-reviewed original research
 - 5 peer-reviewed reviews

- Professional Societies
 - Children's Oncology Group
 - SWOG
 - American Society of Clinical Oncology
 - American Association for Cancer Research
 - Sarcoma Alliance for Research through Collaboration
 - Connective Tissue Oncology Society



Adam DuVall, MD: Pre-Fellowship



- 2002-2006 BS: University of Notre Dame
- 2007-2012 MD and MPH: Case Western Reserve University
- 2012-2016: Combined Internal Medicine-Pediatrics Residency, University of Michigan



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Adam DuVall, MD: AYA Fellowship

- 2016-present: OHSU AYA Oncology Fellowship
 - Clinical care and trials: Leukemia and BMT/Immune Effector Cell therapies
 - Site Co-Investigator: 2 NCI cooperative group trials
 - Translational research: Leukemia predisposition
 - Grant: The role of inflammatory microenvironment in the clonal evolution of familial platelet disorder to acute myelogenous leukemia, Tartar Trust
 - 5 peer-reviewed publications
 - 4 book chapters
- 2020 Board Eligible
 - American Board of Internal Medicine: Hematology
 - American Board of Pediatrics: Pediatric Hematology/Oncology



OHSU Knight Cancer AYA Program





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5. Will additional training help you reach your goals?

Cons

- Delay in launching career
- Lack of ABP/ABIM certification
- Record of successful AYA physicians without dual track

Pros

- Personalization of fellowship
- Early identity as an AYA oncologist
- Marketable skill set
- Full breadth and depth of AYA training



Mind: Will additional training help you reach your goals? **Heart: Does the environment match your passion?**





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Follow Your Passion